



## Safety award

Know how you and your friends can stay safe on your Junior adventures!

*Complete these five steps to earn this award:*

- 1. Find out what the most common injuries are for kids your age.** Make a list of how you can prevent them. Then do a home safety audit to check for dangers around the house.
- 2. Conduct an emergency evacuation drill** of your home or the place your Girl Scout group meets. In the case of fire, know where your main exit is located, and plan an alternate way to get out if the first exit is blocked.
- 3. Find out how to read weather signs** so you know when to head indoors and get to safety.
- 4. Learn about bicycle safety.** Research why bike helmets are important and how to check if a helmet fits you properly.
- 5. Go on a hazard-identification walk** along a local hiking trail, bike trail, or horse trail.

